

# Othmer Method Neurofeedback Certification

## Application Form

Name: (As it will appear on certificate) \_\_\_\_\_

Degree: \_\_\_\_\_ Professional License: \_\_\_\_\_

Certifications: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

### 1. EEG Info Introductory Course or Clinical Summit and Practicum Weekends within last two years:

*(attach certificate of completion for all completed courses and practicums)*

Introductory course on date: \_\_\_\_\_

Clinical Summit on date: \_\_\_\_\_

Practicum Weekend: Alpha-Theta Neurofeedback on date: \_\_\_\_\_

Infra-low Frequency Neurofeedback on date: \_\_\_\_\_

Neurofeedback Assessment on date: \_\_\_\_\_

### 2. History and Research: (attach summary forms)

- A) A Symphony in the Brain by Robbins
- B) Understanding, Diagnosing and Treating AD/HD in Children and Adolescents by Incorvaia  
Chapter 10 by Othmer & Kaiser
- C) Introduction to Quantitative EEG and Neurofeedback by Evans and Abarbanel  
Chapters 3, 5, 7, 11, 12 by: Budzynski, Lubar, Peniston & Kulkosky, Othmer & Kaiser, Abarbanel
- D) Handbook of Neurofeedback by Evans  
Chapters 1, 2, 5, 10, 12 by: Crane, Othmer, Budzynski, Fehmi
- E) Introduction to Quantitative EEG and Neurofeedback, Second Edition: Advanced Theory  
and Applications by Budzynski, Evans and Abarbanel  
Chapters 1, 7, 10, 13
- F) EEG Biofeedback (Neurofeedback) as a Modality for Treating Addiction by Othmer and Steinberg
- G) Development of Othmer Method (Online Video): Parts I - VI

**3. EEG and Instrumentation: (attach summary form)**

- A) Primer of EEG with Mini-Atlas by Rowan and Tolunsky

**4. Neuroscience: (attach summary forms)**

- A) Understanding the Brain by Norden
- B) Neuroscience of Psychotherapy (Second Edition) by Cozolino
- C) Making a Good Brain Great by Amen

**5. Treatment Planning: (attach summary forms)**

- A) Protocol Guide, Fourth Edition (2013) by Othmer
- B) PTSD Video Case Study by Othmer
- C) Working with Alpha-Theta by Grierson and Shapero

**6. Professional Conduct: (attach summary form)**

- Introduction to Quantitative EEG and Neurofeedback by Evans and Abarbanel  
Chapter 14: Ethical, Legal, and Professional Pitfalls Associated with Neurofeedback Services by Sebastian Striefel

**7. Mentoring with Othmer Method certified provider: (attach mentoring hours form)**

- 10 hours between dates: \_\_\_\_\_ and \_\_\_\_\_  
With certified provider: \_\_\_\_\_

**8. Personal Neurofeedback Training: (Attach session notes)**

- 20 sessions Infra-low Frequency training
- 10 sessions Alpha-Theta training

**9. Clinical Experience with Neurofeedback**

- At least 1 year - Since date: \_\_\_\_\_
- At least 400 sessions                       With no less than 20 clients

**10. Case Presentation:** (attach written notes) (based on the current version of the Protocol Guide)

For one client through at least 20 sessions

Within last 12 months

All assessment and reassessment information plus session notes

Summary of decision-making and lessons learned

**11. Prerequisites:** (attach CV including education and professional experience)

Bachelor's degree or higher in a health care field;

Or three years neurofeedback experience in a professional setting

**12. Application Fee:**

\$200.00    \_\_\_ Check    \_\_\_ Credit card

Credit card number \_\_\_\_\_ Exp. Date \_\_\_\_\_

**13. Recertification requirements:**

Certification will be valid for a period of two years.

Renewal of certification will require:

EEG Info 5-day Introductory Class, 3-day Clinical Summit, or 2-day Practicum Weekend

New case presentation of work within previous year (based on the current version of the Protocol Guide)

**14. Agreement:**

*I hereby attest that I have completed all of the above requirements for Othmer Method Neurofeedback Certification. I understand that EEG Info and EEG Institute assume no responsibility for my actions or activities. I practice at my own risk and hereby release EEG Info and EEG Institute from any and all liability for any practice decisions I make.*

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Send this completed form along with attachments and application fee to:**  
EEG Info, 6400 Canoga Ave., Suite 210, Woodland Hills, CA 91367