

Name _____

Date _____

FORM 4C

Othmer Method Neurofeedback Certification

Summary of *Restoring the Brain* by Kirk

List below three key ideas from each chapter:

Chapter 1: *Changing the paradigm from neurochemical to neuroelectrical models*

1.

2.

3.

Chapter 2: *History of neurofeedback*

1.

2.

3.

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Summary of ***Restoring the Brain*** by Kirk

Chapter 3: *The role of glia and astrocytes in brain functioning*

1.

2.

3.

Chapter 4: *The evolution of clinical neurofeedback practice*

1.

2.

3.

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Chapter 5: Neurofeedback in an integrative medical practice

1.

2.

3.

Chapter 6: Nutrition and the brain

1.

2.

3.

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Chapter 7: *Biomedical factors that impact brain functioning*

1.

2.

3.

Chapter 8: *Applying neurofeedback to autism spectrum disorders and other developmental disorders*

1.

2.

3.

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Chapter 9: *The use of neurofeedback for combat veterans with post-traumatic stress*

1.

2.

3.

Chapter 10: *PTSD symptom reduction with neurofeedback*

1.

2.

3.

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Chapter 11: *Neurofeedback in application to the ADHD spectrum*

1.

2.

3.